



COSMETIC TATTOOING CARE & INFORMATION

Proper care following your procedure is important and required to achieve optimum results. Keep in mind that some intensity of color will be lost, and/or the color may heal unevenly. This is normal for some procedures, especially after the initial application. This is the reason for the follow up appointment, to fill in any light areas, to go a little darker or thicker if desired, and to adjust shape or color if needed. Please read and follow the directions provided.

1. Wash your hands before touching any treated area.
2. Cool packs (not frozen) may be used to help reduce swelling. Dampen paper towels or cotton pads with water and place in the fridge for 30 minutes...cool area for 10 minutes on and 10 minutes off. Cooling the area is most beneficial the first 24 hours. Sleeping slightly elevated may also help in the reduction of swelling.
3. Blotting your procedure. We have created a wound and all wounds weep body fluids (some will weep more and for a longer period than others). Blotting off these fluids and excess pigment is critical to a good result and optimum color retention. If these fluids are allowed to remain on the tattooed area and accumulate, you will get heavier scabbing. Heavy scabbing can pull out the pigment which will result in light spots and unevenness of color. Dampen a paper towel with water and blot your new procedure every 15 minutes upon leaving your service. Continue until weeping has subsided. Blot for the following three days 4-6 times throughout the day depending on amount of weeping. If you have eyebrow hair, please make sure you are getting beyond the hair and actually blotting the tattooed skin. Same instructions for eyeliners...make sure you are getting beyond the lashes and blotting the skin. This can be a tender area to blot but it is important that you do.

4. Washing your procedure. Use the cleanser provided for you on and around the procedure area. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants. Use a very light touch cleansing your procedure once or twice a day. Make sure you rinse off all cleanser leaving no residue, and then pat dry. Wait 15 minutes before applying the provided ointment after getting the procedure wet. Never put ointment on a wet or damp tattoo. Showering- Do not take an exceptionally hot shower and keep bathroom doors open as to NOT cause a steam effect. Keep your face/procedure out of the water while you do your "other shower stuff" first. At the very end of your shower, wash your hair and rinse back away from your face. Wash your face either avoiding procedure area. Do not let the shower spray hit you directly in the face. Following these shower instructions, your face/procedure will be getting wet at the very end of the shower.

5. Ointment. ONLY USE THE HEALING BALM I PROVIDED FOR YOU ...NOTHING ELSE!!!
Eyebrows- No ointment for the first 24-48 hours...until all weeping has stopped. Apply a thin, light coat of ointment 3 or 4 times a day for the remaining of the healing process (5-7 days). Always blot off the prior ointment and area before applying new layer of ointment...this applies to all areas. Eyeliner- No ointment for the first 48-72 hours, after which you apply a very light coat of ointment once in the morning and once in the evening for the following 3-5 days. Eyes are very sensitive to ointment so use sparingly. Try to keep the ointment contained to the eyeliner above and below the lashes, not in the eye itself. If you feel any discomfort in the eye itself, this is not normal and you should immediately see an eye doctor and contact me as well. Although it is important to use ointment, using it excessively can starve the skin of air and can result in pigment loss during the healing period. Please use the ointment sparingly, just enough to moisten. ALLERGIC REACTION IS EXTREMELY RARE BUT POSSIBLE. IF YOU NOTICE ANY BUMPS OR RASH OR THINK YOU MAY BE HAVING A REACTION...STOP USING OINTMENT IMMEDIATELY, CLEANSE THE AREA AND CALL ME.

6. Absolutely NO pet grooming, gardening, dusting, mud wrestling or anything that causes dust, dirt and dander for a minimum of 72 hours. Waiting 5 full days is best. Wearing glasses outdoors is a good way to protect healing eyeliner. NO EXERCISING FOR 10 DAYS...NO EXCEPTIONS. DO NOT DO ANY ACTIVITY THAT CAUSES SWEAT IN THE AREA OF THE PROCEDURE OR YOUR FACE TO HEAT UP AND TURN RED. ABSOLUTELY NO LAKE ACTIVITIES. DO NOT GO TO THE LAKE OR THE BEACH. NO HORSEBACK RIDING, NO

CAMPING OR ATV RIDING. NO NOTHING OF THIS SORT. DON'T DO IT! STAY OUT OF THE SUN! KEEP IT PROTECTED AND KEEP IT CLEAN! TLC FOR YOUR NEW PROCEDURE.

7. Absolutely NO topical makeup on the healing procedure(s) for a minimum of 5 days. Topical makeup can be bacterial and your new procedure(s) need adequate time to heal to avoid irritation and/or infection. You may apply your makeup around the new procedure area, but avoid applying ON the healing areas. After any eyeliner procedure, please use new mascara. DO NOT USE an eyelash curler for 2 weeks as this instrument pulls the eyelashes and the tissue containing the eyeliner pigment that surrounds the lashes. You must allow the eyeliner to heal before stressing the tissue in this area. No contact lenses for 5 full days. No tweezing or waxing of the eyebrows for 10 full days. NO FACIAL, PEELS OR ANY OF THAT FACE STUFF FOR TWO FULL WEEKS!

8. Some tenderness, puffiness (even bruising), redness, and itching I quite normal for the tattoo healing process. DO NOT PICK, PEEL, OR SCRATCH the treated area as this could result in your color result in your color healing uneven, as well as the risk f scarring and infection.

9. Lastly...relax! Don't worry about a thing. It's just a tattoo that will lighten, soften and heal in a matter of days. Do exactly as I have advised you to do OR what not to do and all will heal well.